

**Places
available**

Dementia Buddy Clubs



Enjoy the company of others living with dementia at our Buddy Clubs.

A safe and welcoming club for those living with mild to moderate dementia with experienced staff on hand for support.

Attendees can enjoy a variety of fun, social and cognitive activities suitable for all abilities and include; word games, puzzles, arts and crafts, music, cooking demonstrations, and more.

The Buddy Club also provides 5-hours respite for family caregivers.

**The clubs run every
Wednesday and
Friday at Chandos Sports
and Social Club, Salford,
M5 5LJ.**

10am -3pm.

**Activities, refreshments
and 3-course hot lunch
included.**

**£35 per person
per day.**

**Please contact the Age UK Salford Dementia Support Team for more information.
0161 728 2001 or email: dssadmin@ageuksalford.org.uk**

