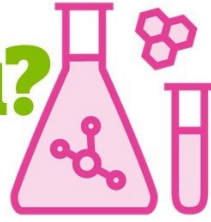


Covid-19

November
2020

How is it for you?



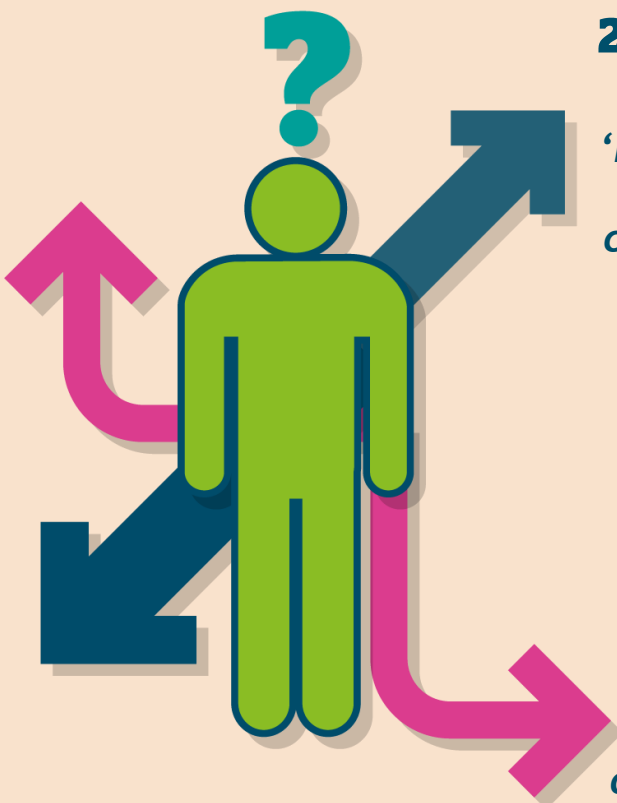
40 people told us:



17 felt the pandemic had affected their mental health

18 felt the pandemic had affected their physical health

Increased stress levels when going out in public places - Frightened about putting my family and others at risk of infection



23 people said they understood all of the public information:

'I understand the information fine, but it has been so complex, changeable and conflicting. I am not surprised at anyone who does get confused and refuses to cooperate.'

16 people said they were a bit confused:

'The language used can be vague and interpreted in different ways'

'There is a lot of misinformation on social media. I think more should be done to stop people sharing these posts'

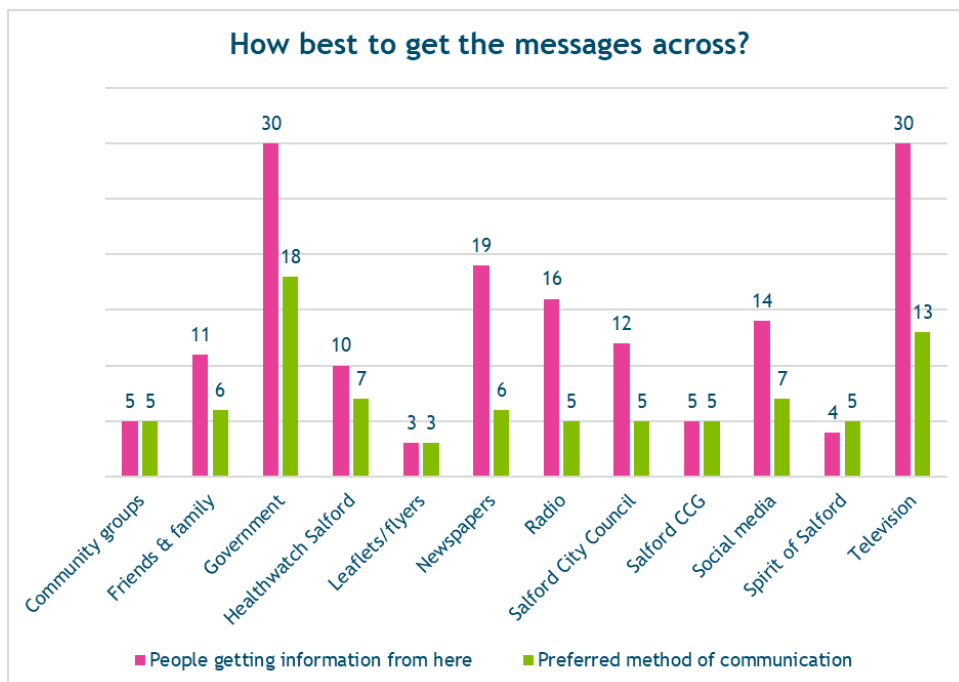
Summary

4 people had experienced COVID-19 symptoms during the last month, with 3 of them testing positive. These people who had experienced a COVID-19 test said the process was easy with one Salford testing patient telling us that the staff were 'very lovely people' which made the process easy for them. 5 people felt they were not sure whether they had symptoms or not, but didn't get tested.

17 people felt that the pandemic had affected their mental health. Isolation and loneliness seemed to be a continuing result of the restrictions with other people feeling stressed at how the pandemic is being handled by the general population.

18 people also told us that they felt the pandemic had affected their physical health with the lack of exercise being the most common cause for concern. 3 people mentioned the cancellation of healthcare appointments which has led to a deterioration of their health.

23 people needed to access health or care services during the last month with 20 of those being able to access the service that they required. 3 however could not access the service they required mentioning: no appointments available with doctor or dentist and 2 patients wanted to see their doctor in person but had to settle for a telephone appointment.



The majority of people have sought their information on the pandemic from the Government or by watching the television, during the last month. This was followed by newspapers, radio and social media as other popular ways.

23 of them felt that they understood all of the information with 16 still feeling a bit confused.

Despite this, people said that getting information from the Government and over the television, was the preferred way to stay informed about the pandemic.

If you have any further questions about this survey or Healthwatch Salford in general, please don't hesitate to contact us on the details below.